

## Slip on Sun Protective Clothing

- The school uniform will include cool, sun protective clothing. This includes shirts with collars and sleeves, longer shorts and dresses.
- Rashies will be worn by students when outdoor swimming is involved.



## Slop on Sunscreen

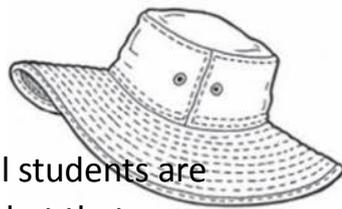
- Children will provide their own sunscreen.
- Strategies will be in place to remind children to apply sunscreen.
- The school will provide sunscreen for swimming lessons. Children will apply the sunscreen 20 min before and every 2 hours during exposure where children do not have their own.



# Barmera Primary School Sun Protection Policy

## Slap on a Hat

- When necessary all students are required to wear a hat that protects their face, ears and necks . This includes broad brimmed hats and legionnaires caps.
- Hats are compulsory in Terms 1 and 4 during both Break 1 and 2 plus other times when it has been determined the UV is above 3 or where long exposure is expected eg excursions.



## Seek Shade

- The school has made sure there is sufficient shade provision within the school.
- The school shall regularly reassess shade and consider increasing provision.
- The available shade is considered when planning outdoor activities
- Students are encouraged to use available shade.
- Students who do not have appropriate hats or clothing will be asked to play or sit in the shade.





# Barmera Primary School

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## Background

Too much of the sun's UV can cause sunburn, skin damage, eye damage and skin cancer. UV damage accumulated during childhood and adolescence is strongly associated with an increased risk of skin cancer in later life.

Students are at school 5 days a week during the highest risk times during the day. UV cannot be seen or felt.

Most skin damage and cancer is preventable by taking precautions when the UV radiation is above 3.

## Aim

The aim of this policy is to

- Encourage positive attitudes towards Sun Smart and skin protection.
- Ensure all students and staff are protected from overexposure to UV radiation.
- Ensure the outdoor environment provides shade for students and staff.
- Ensure students are encouraged and supported to develop independent sun protection skills to help them be responsible for their own sun protection.
- Support duty of care requirements.
- Support appropriate WHS strategies to minimise risk to staff and visitors.



The Sun protection policy is designed for the hours when the UV levels reach 3 or above as predicted by the Bureau of Meteorology. This will govern a list of measures for sun protection during these high risk times for outdoor activities.

With this policy we hope to engage staff, students and their families in becoming Sun Smart.

Sun Smart behavior is regularly reinforced and promoted to the whole school community through newsletters, school website and intranet, staff and parent meetings, school assemblies, school enrolment and staff inductions.

The school's intranet and internet will show UV ratings for each day and the hours of high UV.

This policy runs in conjunction with the school's hot weather policy.

As part of WHS UV risk control Staff, families and visitors will act as role models when the UV level exceeds 3 by:

- wearing a sun protective hat outdoors
- wearing covered clothing and sunglasses (if practical).
- Applying sunscreen
- Seeking shade where possible
- Minimise exposure by minimising outdoor activities during high UV times

The school council and staff will monitor and review the effectiveness of the Sun Smart Policy whenever required (at least once every 3 years).

Sun Smart updates will be available to staff, families and visitors. A Sun Smart Policy review will be regularly provided to Sun Smart in order for the school to retain its Sun Smart accreditation.

Date reviewed.....

Next Review date.....